



TAKE YOUR TEAM TO NEW HEIGHTS



OUTWARD BOUND
CALIFORNIA

PROGRAMS FOR PROFESSIONALS

Outward Bound California turns team building into an adventure! Our hands-on approach helps your team break out of stuck patterns, deepen connections, and build trust through shared challenges. Outward Bound Professional takes growth to the next level together.

WHO WE ARE

Our programs help participants take on challenges, reflect, and grow—building confidence that lead to meaningful change in their communities and beyond.

We're committed to making outdoor education accessible: more than half of our students receive scholarships, supported in part by Outward Bound Professional programs.

Each year, more than 3,000 students discover their potential in California's most iconic places—from State and National Parks to remote wilderness areas and city parks.

WHAT WE DO

We specialize in creating outdoor challenges that bring teams together. Experiential learning creates a shared language, encourages calculated risks, and builds on individual and group strengths.

Your team will collaborate to solve problems, appreciate each other's unique skills, and recharge in inspiring natural settings—practical tools they'll bring back to work for lasting, positive impact.

WHERE WE DO IT

Our basecamps in San Francisco, outside Yosemite, and in Joshua Tree give us access to some of California's most iconic places. Whether it's the cypress trees of McLaren Park or the cliffs of the high desert, your program will have an unforgettable backdrop.

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Leading a team in the healthcare industry means adapting to constant change, stressful work environments and having to do a great deal with very little. I have twice, with two different organizations, reached out to Outward Bound to help our teams work better together, be stronger leaders and brighter citizens of our community. And it worked. Both times. I'd highly recommend anyone looking for a bold and unique team building program to work with Outward Bound Professional. I look forward to hiring them a third time.

~ *Kevin Causey*

Chief Development Officer, Montage Health



PROGRAM OPTIONS

1

SF Ropes Course

Step outside the routine at John McLaren Park in San Francisco. Beneath the canopy of cypress trees, participants can choose to stay grounded or take on the elevated ropes course elements.

2

Onsite Team Building

We'll come to you!

Let us turn your office or a nearby park into a space for connection through activities and games. We'll get your group moving and laughing, while improving leadership & communication skills.

3

Overnights & Day Trips

Bring your team on a mountain or desert adventure with single- or multi-day backpacking and climbing trips. From June to September, explore alpine trails and sleep beneath the Milky Way in the High Sierra; from November to April, hike and climb iconic granite in Joshua Tree.

We Customize

We design experiences around your team—customized to your needs, goals, and dynamics.



YOUR INVESTMENT

200%

Investing in people doubles productivity compared to investing in equipment.

\$680

Companies spending \$680 per employee on training see a 6% boost in stockholder returns.

\$1600

Spending \$1,600 per employee leads to 24% higher profits and over 200% more income per employee

Outward Bound Professional Program Stats Google Team Building Day

PARTICIPANT EVALUATION

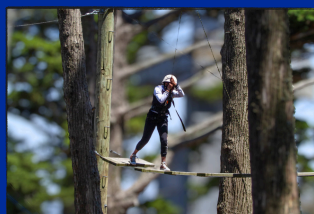
Full Day High Ropes Course

Quality: ★ ★ ★ ★ ★ 4.76/5

Content: ★ ★ ★ ★ ★ 4.56/5

Facilitators: ★ ★ ★ ★ ★ 4.84/5

PROGRAM OPTIONS



HIGH ROPES COURSE

4-6 Hours

Watch the Welcome to OBCA's Ropes Challenge Course video.

- Move through a progression of ground activities to High Ropes climbing
- Learn technical rope skills
- Strengthen problem-solving skills & build trust, while increasing self-confidence
- “Challenge by Choice” empowers each person to explore and celebrate their comfort zone
- Transfer lessons learned into real-world teamwork and collaboration back in the office



LOW ROPES COURSE

3-4 Hours

- Practice problem-solving and communication through ground initiatives and games
- Develop stronger connections with more time for growth
- Team challenges that deepen collaboration
- Customize with High Ropes elements
- Best for shorter timeframes and as an introduction to experiential learning

PRICE LIST

MINIMUM \$5,000
FOR 6 - 50 PARTICIPANTS

PROGRAM TYPE

Onsite Team Building	\$200 Per Person
Ropes Course Low Elements	\$250 Per Person
Ropes Course High Elements	\$300 Per Person



ONSITE TEAM BUILDING

2-4 Hours

At a location near you!

- Team challenges that spark creative problem-solving
- Games and initiatives to strengthen trust and communication
- Introduction to experiential learning
- Ideal for little or no travel, getting people moving in a shorter timeframe

By choosing an Outward Bound Professional program, your investment creates a ripple effect—supporting outdoor scholarships that empower local youth.

Ready to go?

Let's talk to customize your program!
Email Cristina Bourassa at cbourassa@obca.org

More info at www.obca.org



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